



Jack Triggs

Call 2014

Practice Profile

Jack Triggs is instructed in the full spectrum of criminal work that comes before our Courts and in Family cases involving Children. He is known for his thorough case preparation, can do attitude and first class advocacy.

Jack has regularly appeared as junior counsel in complex cases involving care proceedings and criminal cases involving trading standards. Prior to commencing his career at the bar Jack worked as a Coroner's Officer, with responsibility for the investigation and preparation of inquests into deaths occurring within complex medical situations and in custody.

After obtaining an LLB from University College London, Jack completed his BPTC at BPP Law School, Holborn.

Jack's Privacy Policy can be downloaded [here](#).

Areas of Practice

- General Crime
- Family
- Inquests

News

5KBW wins "Crime Set of the Year 2024" at the prestigious Chambers UK Bar Awards

15 November 2024

We are absolutely delighted to announce that 5 King's Bench Walk was awarded "Crime Set of the Year Award 2024" at the Chambers UK Bar Awards held at Old Billingsgate on 15 November. This is Chambers' 5th nomination for the prestigious Chambers UK Bar Awards in the field of Crime. We are very proud to have won this award for the second time in 5 years.

Commenting on the awards, Heads of Chambers at 5 King's Bench Walk, Sarah Forshaw KC and Mark Heywood KC said:

"We are absolutely delighted that 5KBW has been recognised once again as the UK's pre-eminent Crime Set. It is testament to the outstanding ability of every member of our Chambers, to our excellent clerking services and to our administrative staff. The shortlists and ultimate awards are the result of extensive research by Chambers and Partners. We could not be more proud."

That our own Louise Oakley also carried away the award for 'Crime Junior of the Year' is the icing on the cake. She is, quite simply, a star."



Jack Triggs Appointed Deputy District Judge

4 March 2024

Chambers is delighted to announce that Jack Triggs has been appointed Deputy District Judge in the Magistrates Court.

Jack was called to the Bar in 2014 and has regularly appeared as junior counsel in complex cases involving care proceedings and criminal cases involving trading standards. Prior to commencing his career at the bar Jack worked as a Coroner's Officer, with responsibility for the investigation and preparation of inquests into deaths occurring within complex medical situations and in custody.

Recent Cases
