



Practice Profile

Frederick is a highly rated barrister with a track record of achieving exceptional results on both sides of the courtroom. Regularly instructed in complex and lengthy cases, both at first instance and on appeal, he is scrupulous in his preparation, and regarded for his command of the law. An engaging trial advocate, Frederick has excellent client care with an incisive approach, and is adept at managing and providing practical advice to large case teams. Frederick was appointed Treasury Counsel monitoree in March 2024.

Frederick has particular experience in serious fraud and cybercrime work, including in boiler room, vishing/phishing, mandate, duty evasion, Ponzi frauds, bribery, and in international money laundering cases. He is also regularly instructed in POCA work, appearing in high-value confiscation, restraint, and order enforcement proceedings.

Further, Frederick is regularly instructed in cases of homicide and road fatalities. He also receives instruction in cases involving serious organised crime, for example immigration offences, and drug trafficking.

Frederick is also instructed in sensitive terrorism cases, his experience including allegations of disseminating terrorist publications, and inciting racial hatred.

Outside of criminal work, Frederick has experience at inquests acting on behalf of individuals or NHS Trusts, including in complex Article 2 inquests involving the deaths of those under the care of mental health services or in state detention.

Moreover, he receives instruction on behalf of registrants appearing before, and appealing against, the decisions of, professional tribunals (see, for example, *Wisniewska v NMC* [2016] EWHC 2672 Admin). Further, Frederick is instructed to challenge, and advise upon, the decisions of various government bodies (for example, the Disclosure and Barring Service).

Frederick's Privacy Policy can be downloaded [here](#).

Recent and Ongoing Cases

R-v-FS [Central Criminal Court] (2024)

Prosecuted a defendant charged with disseminating terrorist publications, namely graphic ISIS videos distributed via Telegram. [Instructed by CPS Counter Terrorism Division]

R-v-DC [Central Criminal Court] (2024)

Led junior in an allegation of murder. Alleged the defendant attacked the deceased in his vehicle, killing him via a stab wound to the chest. [Instructed by CPS Homicide]

R-v-N & Others [Isleworth CC] (2024)

Led junior in 8-handed fraud arising from the Grenfell Tower disaster. [Instructed by CPS SCU]

R-v-I & R [Isleworth CC] (2023/2024)

Prosecuted a 2-handed case of causing death by dangerous driving. The two defendants were engaged in a race across Hammersmith flyover, where driving at speeds over 80mph, one of them collided with a third vehicle, thereby causing the death of the 74-year old driver, and seriously injuring the passenger. [Instructed by CPS Homicide]

R-v-X [Isleworth Crown Court] (2023)

Leading junior in allegation of attempted murder. The defendant (14-years old) alleged to have stabbed the victim (13-years old) seventeen times in a planned attack. [Instructed by CPS London]

R-v-Z [Central Criminal Court] (2023)

Led junior (led by Charlotte Newell KC) in an allegation of murder. Allegation related to the defendant (16) stabbing another 16-year old to death. [Instructed by CPS Homicide]

R-v-J [Central Criminal Court] (2023)

Prosecuted a case of death by dangerous driving where the defendant, a 64-year old bus driver, struck and killed a 16-year old pedestrian. [Instructed by CPS Homicide]

Op Ananke [Southwark CC] (2023/2024)

Led junior in 21-handed fraud allegation related to the processing of personal loans at Natwest bank. Case split across three trials. [Instructed by CPS SEOCID]

Op Obligingly [Bournemouth CC] (2023)

Leading junior in a 6-handed conspiracy to assist unlawful immigration. Investigated by the NCA. [Instructed by CPS SEOCID]

Op Octagon [Southwark CC] (2023)

Led junior counsel in a case targeting a sophisticated money laundering OCN [Instructed by CPS SEOCID]

R-v-AB [Liverpool CC] (2022)

Led junior (led by Charlotte Newell QC) in murder trial. The victim was a 12-year old girl stabbed to death in Liverpool city centre. [Instructed by CPS Mersey-Cheshire CCU]

Op Rutaceous [Kingston CC] (2022)

Prosecuted 4-handed case alleging various conspiracies to assist unlawful immigration. Investigated by the NCA. Case relied heavily on evidence obtained via undercover officers. Frederick was awarded a Commendation from

the National Crime Agency for his work on this case. [Instructed by CPS SEOCID]

Operation Docwu [Isleworth CC] (2021)

Led junior in a four-handed prosecution for attempted murder. A shooting linked to alleged gang rivalries. [Instructed by CPS London]

Op Gnathonize [Wood Green CC] (2020/2022)

Led junior in relation to a complex six-handed drug importation conspiracy investigated by the NCA. [Instructed by CPS Specialist Fraud Division]

Operation Ginsberg [Luton CC] (2020/2021)

Prosecuting a conspiracy to assist unlawful immigration. Investigation relied heavily on evidence obtained via undercover officers. [Instructed by the CPS International Justice and Organised Crime Division]

Areas of Practice

- Civil
- Confiscation, Civil Recovery & Asset Forfeiture
- Cyber Crime
- Extradition
- Financial & Corporate Crime
- General Crime
- Homicide
- Inquests
- Prosecution
- Public Access
- Regulatory & Professional Discipline
- Road Traffic
- Serious & Organised Crime
- Sexual Offences
- Terrorism
- 5KBW Criminal Appeals
- 5KBW Criminal Appeals Resources

What The Directories Say

"He has an admirable command of complex briefs and a compelling style of advocacy." *Chambers UK 2025*

"Frederick displays a preternatural calm in court which instils confidence in judges, leading counsel and instructing solicitors alike. He is always well prepared and meticulous." *Legal 500 Fraud 2025*

"Frederick is an extremely accomplished prosecutor with an impressive command of the details of complex cases and a wonderfully light touch style of advocacy which is extremely effective with juries. Above all he is scrupulously fair throughout and a pleasure to appear against both in and outside of court." *Legal 500 2025*

'Freddie is a very smooth and polished advocate. He is excellent at cross-examination' *Legal 500 - 2023*

'An erudite, unflappable and well-prepared junior.' *Legal 500 2022, Ranked as Leading Junior in Fraud*

'He is meticulous and will know the papers inside out. The extent of his preparation is impressive and he will never be caught under prepared.' *Legal 500 - 2021*

'He has excellent client care and an in-depth knowledge of regulatory law. This combination of skills and knowledge has proven to achieve remarkable results for clients.' *Legal 500 - 2021*

'Very personable, with a brilliant command of the law.' *Legal 500 - 2020*

'A junior with a bright future ahead of him.' *Legal 500 - 2020*

Panel Appointments

- Serious Fraud Office - Panel B
- General Crime: Grade 4
- Fraud Specialist Panel: Grade 4
- Serious Crime Specialist Panel: Grade 4
- Counter Terrorism: Grade 4

Prizes & Awards

- Lord Denning Scholarship - Lincoln's Inn
- Megarry Scholarship - Lincoln's Inn
- Buchanan Prize - Lincoln's Inn

Education

- King's College London (Law LLB) - First Class Honours
- SOAS (Law LLM)- Distinction
- College of Law (BPTC)- Outstanding

News

5KBW wins "Crime Set of the Year 2024" at the prestigious Chambers UK Bar Awards

15 November 2024

We are absolutely delighted to announce that 5 King's Bench Walk was awarded "Crime Set of the Year Award 2024" at the Chambers UK Bar Awards held at Old Billingsgate on 15 November. This is Chambers' 5th nomination for the prestigious Chambers UK Bar Awards in the field of Crime. We are very proud to have won this award for the second time in 5 years.

Commenting on the awards, Heads of Chambers at 5 King's Bench Walk, Sarah Forshaw KC and Mark Heywood KC said:

"We are absolutely delighted that 5KBW has been recognised once again as the UK's pre-eminent Crime Set. It is testament to the outstanding ability of every member of our Chambers, to our excellent clerking services and to our administrative staff. The shortlists and ultimate awards are the result of extensive research by Chambers and Partners. We could not be more proud.

That our own Louise Oakley also carried away the award for 'Crime Junior of the Year' is the icing on the cake. She is, quite simply, a star."



Appointments to Treasury Counsel Monitree

12 March 2024

Chambers is delighted to announce that Charlotte Hole and Frederick Hookway have been appointed by Robert Courts KC MP HM Solicitor General, to the Treasury Counsel Monitree scheme from 1st April 2024, for a period of 3 years.

Chambers congratulate them both on the professional achievement that this appointment represents.

Attempted Murder of 13yr Old Boy

19 December 2023

Frederick Hookway led Phoebe Bragg in prosecuting the attempted murder of a 13-year-old schoolboy in East London. The defendant, who was 14 years old at the time, was alleged to have stabbed the victim 17 times as he was on his way to school. He was convicted following a 2-week trial at Isleworth Crown Court and was also sentenced for perverting the course of justice."

<https://www.standard.co.uk/news/crime/isle-of-dogs-stabbing-13-year-old-boy-millwall-park-b932437.html>

Five members of an organised crime group have been found guilty of smuggling migrants into the UK

15 March 2023

Following a 4-week trial at Bournemouth Crown Court, 5 members of an organised crime group were convicted of assisting unlawful immigration into the UK. Frederick Hookway led Stephanie Hayward of Deka Chambers and they were instructed by CPS Serious Economic Organised Crime and International Directorate (SEOCID).

News article

Recent Cases

R v Youth Isleworth Crown Court 2023

Prosecution of attempted murder following the stabbing of a 13 year schoolboy

Led by Frederick Hookway, Phoebe prosecuted a youth for stabbing another schoolboy 17 times on his way to school. The defendant was ultimately convicted of attempted murder, having pleaded guilty to a s.18 offence and then attempted to vacate this plea.

R v A Youth [Liverpool Crown Court] 2022

Prosecution of 14 year old boy for murder of 12 year old girl in Liverpool City Centre

Charlotte Newell QC and Frederick Hookway successfully prosecuted one of Britain's youngest murderers for the fatal stabbing of a 12 year old girl stabbed to death in Liverpool City Centre.

Ava White: Boy who killed girl, 12, in Snapchat row gets life - BBC News

Inquest into the death of SMV 2020

Inquest for NHS Trust

Acted for an NHS Trust who provided community mental health treatment to a patient who subsequently died by suicide after taking an overdose of her medication. This was a jury inquest.

R v W & Others [Norwich] 2020

VAT Evasion

Acting for the prosecution (to be lead by a silk) in a complex VAT evasion case arising from the activities of a used car business.

R v T & Others [Wood Green] 2020

Conspiracy to Import Class A Drugs

Led junior for the prosecution in a case alleging a large conspiracy to import class A drugs and launder the subsequent proceeds of sale.

R v M&F [Kingston] 2020

VAT Evasion

Led junior for the prosecution in a VAT evasion case arising from the running of various nightclubs in the South East. Loss to the Revenue alleged to be over £500,000.

R v L&A [Kingston] 2020

Ponzi Scheme

Led junior for the first defendant in an alleged high value Ponzi scheme fraud.

R v D & Others [Southwark] 2020

Multi-Handed Theft Conspiracy

Led junior for the first defendant in a multi-handed conspiracy to rob high value watches and arrange for their onward sale.

R v N Operation Arnold [Maidstone] 2020

Duty Evasion

Junior alone for the prosecution in a case of duty evasion worth over £230,000.

R-v-R & Others [Maidstone Crown Court] 2019

Conspiracy to Launder Criminal Property

Led junior for the Crown in a large conspiracy to launder criminal property via warehouses in Kent that received vast quantities of goods obtained through European distribution frauds. The value of the goods laundered by these defendants was over £1.8million.

R-v-M & G [Harrow Crown Court] 2019

Money Laundering

Junior alone for the first defendant who ran a money service bureau accused of laundering over £100,000 of criminal property.