



Practice Profile

Catherine was appointed Junior Treasury Counsel by the Attorney General in May 2020. She is a specialist criminal and appellate practitioner with substantial experience in cases involving homicide, sexual offences and serious, complex and organised crime.

Catherine is instructed by several different divisions of the CPS, including the Homicide Unit, Complex Casework Unit (London and North West), Special Casework Division, RASSO and the Appeals Unit. She has a reputation for detailed and analytical preparation and the skill to condense complex, voluminous evidence into simple, coherent presentations.

Catherine has been instructed as leading counsel for the prosecution in cases that involve multiple defendants, multiple victims (often vulnerable), expert evidence and intelligence-led policing. She is frequently instructed as junior counsel led by Senior Treasury Counsel and Kings Counsel in high-profile cases and homicide cases, often multi-handed.

Catherine is a skilful and personable advocate who is highly regarded by her peers at the Criminal Bar.

Catherine's Privacy Policy can be downloaded [here](#).

Areas of Practice

- Homicide
- Prosecution
- Serious & Organised Crime
- Sexual Offences
- General Crime
- Regulatory & Professional Discipline
- Road Traffic
- Inquests
- Cyber Crime
- Terrorism

What The Directories Say

"Catherine's advocacy is direct and effective. She cross-examines in a way that is both intelligent and effective." *Legal 500 2025*

"She is ferociously hard-working and has extremely good instincts as to how to proceed in a case." *Chambers UK 2024*

"Catherine is a really careful advocate, who's super diligent and has complete command of her cases." *Chambers UK 2024*

"An excellent junior who displays fantastic attention to detail." *Chambers UK 2023*

Appointments

- 2020 - Junior Treasury Counsel

Commendations

- Following the successful prosecution of a stranger rape case, the victim wrote to the Commissioner of Police, Dame Cressida Dick. A ceremony was subsequently held where the victim and Commissioner expressed their thanks and appreciation in recognition of the complexity of the case and the successful outcome
- Catherine received a police commendation for her role as leading counsel in the prosecution of a multi-handed trial, 10 defendants charged with conspiracy to commit robbery

News

Prison Sentences for Child Abusers

3 December 2024

Catherine Pattison, leading Anna Dutka, prosecuted this case of causing or allowing serious physical injury to a child at Snaresbrook Crown Court. The case involved complex medical expert evidence and life-threatening injuries inflicted upon a 3-year-old child. Today the child's mother and her boyfriend were sentenced to over 10 years and over 11 years' imprisonment respectively.

Instructed by Trivena Jothibal, Senior Crown Prosecutor of the London North East Crown Court Unit.

28 years for man who killed sister-in-law with a hatchet

10 October 2023

Catherine Pattison and Sam Willis prosecuted this case of murder, which concluded this week with the court imposing on the defendant a life sentence with a 28-year minimum term. During a 3-week trial, the court heard how the defendant had brutally attacked his sister-in-law with a hatchet but claimed that he had been suffering from paranoid delusions that caused him to see her as a manifestation of the devil. The prosecution's case was that this 'sham defence' had been concocted by the defendant after his arrest to avoid the consequences of his actions. Earlier in the year a jury at the Central Criminal Court had rejected the defendant's account, convicting him of murder and making a threat to kill.

Catherine and Sam were instructed by CPS Homicide.

<https://news.met.police.uk/news/man-jailed-for-murdering-his-sister-in-law-in-ilford-473469>

<https://www.bbc.co.uk/news/uk-england-london-67057664>

<https://www.dailymail.co.uk/news/article-12610525/illegal-immigrant-murdered-brothers-wife-london.html>

<https://www.mirror.co.uk/news/uk-news/hallucinating-killer-hacked-sister-law-31146179>

Recent Cases

Notable Cases

R v ST [Central Criminal Court] 2024

Teen Guilty of Neighbour's Murder

The defendant stabbed a man using a sword. The issue was self-defence. The defendant was convicted of murder.

Catherine was instructed as leading counsel for the prosecution

News reports here:

<https://news.sky.com/story/kentish-town-sanchez-tate-18-jailed-for-murder-after-fatally-stabbing-bike-enthusiast-neighbour-in-the-chest-13257921>

<https://www.bbc.co.uk/news/articles/cdj3kd74r7wo>

R v JT & 3 Ors [Central Criminal Court] 2024

Four Jailed Over Machete Murder

A group armed with machetes stab two people outside Dagenham Heathway Underground Station. All four defendants were convicted of murder and attempted murder (and other offences)

Catherine was led by Anthony Orchard KC for the prosecution.

News reports here:

<https://www.bbc.co.uk/news/articles/czegzd6ynxo>

<https://www.romfordrecorder.co.uk/news/24693598.east-londoners-jailed-october-2024-including-killers/>

R v TW & Anor [Snaresbrook Crown Court] 2024

Two Guilty of Child Abuse

Two defendants pleaded guilty to causing or allowing a little boy (under 3 yrs) to suffer serious physical injuries, including: an intracranial injury; fractured jaw; multiple compression vertebral (backbone) fractures (chest level); laceration and swelling to the scalp; damage to the brain tissue; multiple bruises and lacerations.

Catherine was instructed as leading counsel for the prosecution

News reports here:

<https://www.echo-news.co.uk/news/24418960.brentwood-man-woman-face-prison-childs-abuse/>

<https://www.essexlive.news/news/essex-news/faces-brentwood-man-woman-who-9375522>

R v TOK [Central Criminal Court] 2024

Man Charged with Murder 5 Years After Stabbing

The defendant stabbed the victim in 2016. The victim survived but deprived of oxygen for such a period of time that he suffered catastrophic brain damage which left him in a vegetative state. The defendant was convicted of wounding with intent. The victim subsequently died resulting in the defendant being charged with murder. The key issue leading up to trial was causation. The defendant changed his plea to guilty.

Catherine was led by Deanna Heer KC for the prosecution

News report here:

<https://www.bbc.co.uk/news/articles/cvgpp0dxy3qo>

<https://www.standard.co.uk/news/crime/jamel-boyce-murder-man-jailed-stabbing-b1198725.html>

R v DI & Anor [Kingston Crown Court] 2024

Fatal Stabbing Over A Box of Beer

The defendants targeted males who had just bought a box of beer. An argument and fight ensued. Ivanov fatally stabbed one of the males and injured another. Ivanov had consumed an excessive quantity of alcohol and said that he could not remember the events and suffered blackouts. He was convicted of murder, wounding with intent and

having an offensive weapon. One other defendant was convicted of manslaughter, ABH and having an offensive weapon.

Catherine was led by James Mulholland KC.

News report here:

<https://brentford.nub.news/news/local-news/hounslow-23-year-old-found-guilty-of-killing-arpith-mandava-in-stabbing-225437>

<https://www.mylondon.news/news/west-london-news/killers-who-stabbed-man-heart-28908794>

R v OO, IE & BE [Central Criminal Court] 2023

Organ Harvesting Plot

This was the first prosecution of trafficking for the purpose of organ harvesting in English legal history.

Catherine was led by Hugh Davies KC for the prosecution.

News report here:

<https://www.bbc.co.uk/news/uk-england-london-65494027>

<https://news.sky.com/story/nigerian-politician-wife-and-medical-middleman-jailed-for-organ-harvesting-plot-12873475>

R v NV [Central Criminal Court] 2023

28 Years for Man who Killed Sister-In-Law

The defendant murdered his sister-in-law. The defence advanced at trial was diminished responsibility. This was rejected by the jury. The defendant was convicted of murder and making a threat to kill.

Catherine was instructed as leading junior for the prosecution.

News report here:

<https://www.bbc.co.uk/news/uk-england-london-67057664>

<https://www.standard.co.uk/news/crime/murder-ilford-met-police-nicolae-virtosu-svetlana-mihalachi-b1112395.html>

R v SS & JS [Central Criminal Court] 2023

Couple Convicted of Murder after Forced Confession

The defendants were partners at the relevant time. They were convicted of the murder of SS's stepfather and

preventing the lawful and decent burial of his body. SS ultimately admitted to an undercover police officer that she and JS had murdered her stepfather. They were both convicted.

Catherine was led by Bill Emlyn Jones KC for the prosecution.

News reports here:

<https://www.bbc.co.uk/news/uk-england-london-67349145>

<https://news.sky.com/story/frank-mckeever-couple-killed-widower-after-forcing-him-to-film-video-confession-13002784>

<https://www.times-series.co.uk/news/23908419.highbury-woman-boyfriend-guilty-murdering-missing-man/>

<https://www.independent.co.uk/news/uk/crime/old-bailey-highbury-london-crimestoppers-crown-prosecution-service-b2443200.html>

R v DM & Ors [Central Criminal Court] 2023

Five Found Guilty of Murder following Robbery

The defendants broke through the front door of a known home address looking for a substantial quantity of drugs, They were armed with several bladed weapons. One of the occupants tried to resist but was fatally stabbed in front of two friends. DM was convicted of murder and four others were convicted of manslaughter.

Catherine was led by Bill Emlyn Jones KC for the prosecution.

News reports here:

<https://www.standard.co.uk/news/crime/robbery-ilford-east-london-crime-knife-stabbing-murder-manslaughter-five-guilty-b1093798.html>

R v IC & Ors 2021

Gang Related Murder

Catherine was led by Alan Kent QC. The defendants were convicted.

News report here.

R v LP & CJ [Central Criminal Court] 2021

Murder & Wounding with Intent

Catherine was led by Mark Heywood QC. LP was convicted of murder. LP and CJ were convicted of wounding with intent and attempted robbery.

News report here.